

# SEEKING GOD

## “In Times of Temptation”

One of the great blessings of seeking God is having help in our time of need.  
This morning’s lesson is about *SEEKING GOD* “In Times of Temptation”

### Everyone deals with Temptation

- We are **not** all tempted *by the same things* – 1 Corinthians 10:13
- But we **are** all tempted *the same way!* – James 1:14-15; 1 John 2:15-17

### Jesus struggled with Temptation

- He was tempted *in every way, just as we are* – Hebrews 4:14-15
- Yet **he did not sin** – Hebrews 4:15; 1 Peter 2:21-25

### How to Seek God in Times of Temptation

- Submit yourselves, then, to God . . . – James 4:7a
- Resist the devil . . . – James 4:7b
- Come near to God . . . – James 4:8a
- Wash your hands . . . – James 4:8b
- Grieve, mourn, and wail . . . – James 4:9
- Humble yourselves before the Lord . . . – James 4:10