

ENTANGLEMENTS

“Unwholesome Talk”

Ephesians 4:29

When I think about *sin that so easily entangles*, one of the first things that comes to mind is **unwholesome talk**. We often say things that are not very “wholesome.” In fact, for many it’s habitual. This morning’s lesson focuses on our speech.

Do not let *any* unwholesome talk . . .

- We all do it . . . – Ephesians 4:29; 5:4

- Words are **powerful** . . . – Proverbs 18:21; James 3:1-10

But *only* what is helpful . . .

- Helpful for *building others up* – Ephesians 4:29

- That it may *benefit those who listen* – Ephesians 4:29

Taming the Tongue

- We must **train** our tongues – 1 Timothy 4:7-8; 1 Corinthians 9:24-27

- We must **think before** we speak – 2 Corinthians 10:5; Proverbs 15:28

- We must **keep our eyes fixed on Jesus** – Hebrews 12:2; Colossians 3:17